

Programmanr. 5
14-4-2019 - 14:10

Dames, 400m wisselslag

Dames Senioren Open
Resultaten

rang	naam	vereniging	intijd				tijd	RT	
1.	Jessie Bodden	Kimbria	5:31.57				200401650	5:25.49	561
	50m: 35.04	150m: 1:56.88	250m: 3:24.69	350m: 4:49.86					
	100m: 1:15.48	200m: 2:37.14	300m: 4:12.11	400m: 5:25.49					
2.	Anne van Straaten	Hellas-Glana	5:56.56				199901884	5:39.04	496
	50m: 37.47	150m: 2:05.32	250m: 3:33.24	350m: 5:01.46					
	100m: 1:22.44	200m: 2:45.85	300m: 4:21.59	400m: 5:39.04					
3.	Rachelle Luimes	Hellas-Glana	5:55.39				200500654	5:48.36	458
	100m: 1:22.02	400m: 5:48.36							
4.	Sterre Schlicher	RZ	5:45.38				199901672	5:49.21	454
	50m: 36.96	100m: 1:22.75	400m: 5:49.21						
5.	Mexi Kösters	ZEPS	5:51.30				200401308	6:00.80	412
	50m: 39.00	100m: 1:24.42	400m: 6:00.80						
6.	Britt Siemerink	ZEPS	6:24.30				200600714	6:19.18	355
	50m: 40.33	100m: 1:34.88	400m: 6:19.18						
7.	Zara Pijpers	ZEPS	NT				200503362	6:22.21	346
	50m: 42.52	100m: 1:33.62	400m: 6:22.21						
8.	Myrthe Paas	ZEPS	6:34.46				200600410	6:25.76	337
	50m: 42.24	150m: 2:24.42	250m: 4:07.92	350m: 5:45.33					
	100m: 1:33.68	200m: 3:13.13	300m: 5:03.07	400m: 6:25.76					
9.	Lisa In 't Zand	RZ	6:45.08				199401614	6:38.14	306
	50m: 40.68	100m: 1:33.06	400m: 6:38.14						
10.	Isabella de Bruijn	sgpatrick-deroersoppers	NT				200600674	7:17.82	230
	100m: 1:57.89	400m: 7:17.82							